



# Applicant Worksheet for the Alignment Check Index Obstetrics and Gynecology

These are the domains you will be completing for the alignment check index. We recommend you review carefully and check what applies to you prior to entering your information online.

Please select the response that most accurately reflects your status and/or experience in each domain. As a reminder, this is a self-assessment. Be as honest and reflective as possible in your responses as this will help determine programs that may align best with your background and experiences.

## Academic Metrics (CHECK ONE)

If your medical school does not use this scoring system, please provide your best estimate of where you align on the scoring system provided below.

- Failed USMLE or Class rank < 25% of class
- No Clinical Honors; Class rank of 25-50%
- 1-3 Clinical Honors; Class rank 50-75%
- 4+ Clinical Honors; Top 25%, AOA, GH, Sigma Sigma Phi

## Work Experience (CHECK ONE)

Include only non-medical-career related roles/jobs. Do NOT include paid research positions

- None
- Less than 6 months at job(s)
- 6-12 months at job(s); Multiple diverse jobs
- Sustained work experience (>1 year); Leadership, supervisory roles, prior career

## Community Service/Advocacy (CHECK ONE)

- None or limited; Less than 6 months (Blood drive, health fairs)
- 6-12 months participation in several activities
- Multiple activities spanning college or medical school demonstrating dedication to cause
- Meaningful participation: leadership, director, or supervisor; competitive fellowship (Peace Corps, Americorp)

## Research Experience (CHECK ONE)

- Limited research (i.e. local or regional abstracts, presentation, posters)
- Sustained research experience with scholarly productivity (i.e. national oral presentations; 1-3 publications)
- Significant research (i.e. funding/competitive fellowship, first authorship, dual degree with evidence of scholarly productivity, eg >3 publications)

## Teaching Experience (CHECK ONE)

- None
- Limited teaching <1 Year (i.e. tutoring, TA in undergraduate course(s))
- Sustained teaching demonstrating passion for teaching; 1-4 years
- Prior career as an educator, curriculum design/development, national programs (eg, Teach for America)

## Background and Lived Experiences (CHECK ALL THAT APPLY)

Please select all applicable items

- Neither parent attended college
- Financially disadvantaged
- English as a 2nd language
- Not born in the United States
- Raised by a single parent
- URM; racial/ethnic background is underrepresented in medicine relative to the general population
- From a rural background
- I am a single parent
- Worked my way through college